

Inhalant Abuse

Inhalants are substances or fumes from products such as glue and paint thinner that are sniffed to cause an immediate high.



- Inhalants tend to be popular among 13-17 year olds.
- 55% of all inhalant related deaths are due to Sudden Sniffing Death Syndrome (SSDS).
- 22% of those deaths were specifically caused by suffocation or vomit in the lungs.
- About 8.9% of youth, ages 12-17, have misused inhalants.
- One out of every five students in America has used inhalants to get high by the 8th grade.
- Long term effects include hearing loss, limb spasms, hepatitis, brain damage, heart failure, and death.